



# Kortright Presbyterian Church

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## Orientation to the Steps to Freedom in Christ

- What?** A step-by-step encounter with God facilitated by two Kortright prayer ministers.
- Why?** To obtain greater freedom, wholeness of life, and a deeper relationship with the triune God: Father, Son and Holy Spirit, by removing the blocks to intimacy with God.
- Who?** Anyone who is a believer in the Lord Jesus Christ and desires greater freedom in Christ. All of us can easily respond to the “stuff” of life in ways that may result in bondage. Many at Kortright have already benefited by walking through the Steps to Freedom in Christ.
- By Whom?** Kortright Presbyterian Church Prayer Ministry Team.
- Time?** A Freedom Appointment is 4-5 hours long and scheduled, at a time mutually convenient to you and the two prayer ministers. One is a facilitator and one an intercessor. If possible, schedule an hour or more for quiet personal reflection time immediately following the Freedom Appointment.
- Where?** At Kortright Presbyterian Church, 55 Devere Drive, Guelph.

### Preparation Process

- To start the process, contact Barb Ferrier or Irene Light, co-leaders of Kortright’s Prayer Ministry Leadership Team. (For their contact information see the Kortright church directory.)
- Read *The Bondage Breaker* by Neil Anderson and *Waking the Dead* by John Eldridge. Copies are available from Prayer Ministry leadership team. If you have additional time, you may also want to read *Victory over the Darkness* by Neil Anderson.
- Ask some of believing friends to pray for you as you prepare and during your appointment.
- Work with the Freedom Appointment facilitator to schedule an appointment.
- Complete the Confidential Personal Inventory, which Barb or Irene will give you, and give it to your Freedom Appointment facilitator, at least a week before your appointment.

### Notes

- Neil T. Anderson developed the Steps to Freedom in Christ based on the scriptural foundations of our identity in Christ, which we take on when we become a believer in the Lord Jesus Christ.
- All Kortright Prayer Ministers who lead people through these steps have walked through the steps and received further equipping in leading others through the steps.
- There is nothing to be afraid of. You may find that condemning, doubting, and fearful thoughts try to prevent you from keeping your appointment. The appointment itself is a quiet and controlled process and nothing is done to violate your will. You’re free to leave at any time.
- What is shared in these sessions is confidential, within legal limits.

### Purpose & Limitations

Imagine a person bound and restricted like a mummy. The Steps to Freedom in Christ is a means of removing the bindings and setting the person free. Underneath the cloths may be wounds that need further prayer and/or counseling for full healing. The person also needs to maintain their freedom.